



# 4 week Parenting Program

## at Hopefield Kirrawee Community Hub

2-10 Tea Gardens Ave, Kirrawee 2232



**Wednesdays 10:00am – 11:30am**

**From 12th October - 2 November**

**For parents and carers of 0 - 5 years old's**

Week 1: October 12

Tantrums & Discipline (Linda Salem: Senior Child & Family Clinical Psychologist)

Week 2: October 19

Language & Learning (Kate Brown: Senior Speech Therapist)

Week 3: October 26

The Importance of Play (Linda Salem: Senior Child & Family Clinical Psychologist)

Week 4: November 2

Managing Anxious Moments (Kerry Moss: Child & Family Community Educator & Author of Jitters)

To Register: call 9545 0299

No charge. Registration essential. Child minding available. Morning tea included.

Hopefield